



JOURNEY TO BECOMING FREE

A 21 - DAY DEVOTIONAL JOURNAL

A Companion to Becoming by the Hand of God

GLORIA NGWENDSON

Journey to Becoming Free
A 21-Day Devotional Journal
A Companion to Becoming by the
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By Gloria Ngwendson

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A Companion to *Becoming* by the

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WELCOME

I am so glad you have chosen to embark on this journey of becoming in this season of your life. I am humbled by your willingness to allow me to walk beside you for this brief moment. I believe our paths have crossed under the providential hand of God and not by chance. When we consider the grand scope of life—including eternity—this moment together is but a small portion of time. Yet I remain deeply grateful for every opportunity God grants me, as long as I have breath, to serve Him in any capacity, even in this moment with you.

There is a well-known proverb that says, “A journey of a thousand miles begins with a single step.” In many ways, your journey began long before you became aware of God’s presence, opened a Bible, or encountered Christian teaching. Life presents many competing demands for our attention, and we often find ourselves striving to remain faithful and finish the race set before us.

Becoming is rarely instant. It requires diligence, consistency, and sometimes the humility to begin again. Scripture reminds us that trials are not unusual for those who walk by faith. The apostle James teaches that the testing of our faith produces endurance and maturity.

This 21-day devotional journal is designed to help you slow down and reflect on the work God is doing within your life. As you move through these pages, allow space for prayer, honesty, and reflection. You may discover that freedom rarely arrives suddenly but unfolds gradually as we yield our hearts to the faithful hand of God.

Scripture reminds us that transformation is a continual work of the Spirit in the life of the believer:

“But we all, with unveiled face, beholding as in a mirror the glory of the Lord, are being transformed into the same image from glory to glory, just as by the Spirit of the Lord.”
2 Corinthians 3:18 (NKJV)

Each day includes a short reflection and a prayer. I encourage you to leave space to journal what God may be revealing to you. I have no doubt He will speak to you as you dwell daily in His presence.

My prayer is that these moments with God will help you recognize His quiet work within you.

— Gloria Ngwendson

Take a moment to pray and invite God’s presence to accompany you as you begin this journey.

ACKNOWLEDGMENT

All glory to God, the Author and Finisher of my faith.

To my family, thank you for your endless sacrifice and unwavering support.

To every hand that has helped shape my life—and there have been many—I am deeply grateful.

To everyone who contributed to the success of this work, especially my publisher, Kingdom Media House Publishing (KMHP), thank you for the excellent work you do.

To the vessels of honor I am privileged to serve alongside, and to those I am honored to pour into: this is not new to you. You have heard me say these words many times before. This time, may they be etched in your heart for years to come.

DEDICATION

This book is dedicated to every young boy and girl searching for meaning and purpose in life, and to everyone who has known failure, felt misunderstood, or been left behind. May this book meet you with hope, strengthen you with truth, and bring you joy in every season.

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DAY 1

THE BEGINNING OF BECOMING

SCRIPTURE

“In the beginning was the Word, and the Word was with God, and the Word was God.”

John 1:1 (NKJV)

REFLECTION

Becoming begins with God, often in ways unknown to us, unseen by human eyes, and usually in quiet places. Scripture reminds us in Jeremiah 1:5 that before we were formed in our mother’s womb, God already knew us and had a purpose for our lives. In many ways, calling precedes our awareness of it.

Even so, the beginning is often subtle. It rarely arrives with applause, recognition, or dramatic outward change. Instead, it begins with surrender to the One who is the beginning—God Himself.

Wisdom requires that we acknowledge this early and adjust our lives accordingly. Scripture reminds us that “the fear of the Lord is the beginning of wisdom” (Proverbs 9:10).

We often hear people speak of living a purposeful life as though purpose were a distant destination waiting in the future. But purpose is often much closer than we think. It is not merely a destination; it is destiny unfolding in its appointed time through the choices we make today. The moment we allow God to begin shaping our hearts from the inside, purpose has already begun to take form. From the

moment our hearts turn toward Him, and we desire to please the Father and allow His will to be done in our lives, we have already entered the process of becoming.

**BECOMING IS NOT MEASURED BY DISTANCE
TRAVELED BUT BY SURRENDER OFFERED**

The Potter who fashions the clay determines when the vessel is ready for the Master's use. Focus more on God than on yourself, and on depth rather than speed. Transformation rarely happens instantly. More often, it unfolds slowly as we walk with God through ordinary days and difficult seasons.

What we sometimes perceive as delay is often preparation. What feels hidden may actually be sacred and protective of our fragile hearts and fickle ways.

God is patient with the work He is doing within you. He is not rushed by your timeline, nor discouraged by your weaknesses. Every prayer, every act of obedience, and every moment of humility becomes part of the process through which Christ is formed in you.

Scripture reminds us that Jesus is "the author and finisher of our faith" (Hebrews 12:2). Becoming is not about achieving perfection in our own strength, but about allowing God to continue His work within us until maturity is formed.

And the beautiful truth is this: God never abandons what He begins. Even in seasons when the path feels uncertain or unfinished, His presence remains constant.

“For He Himself has said, ‘I will never leave you nor forsake you.’” (Hebrews 13:5 NKJV)

JOURNAL REFLECTION

- Where in your life do you sense God quietly shaping you right now?
 - What part of your journey feels unfinished or unclear?
-

PRAYER

Lord, help me trust the process of transformation.
Teach me to recognize Your hand even when I
cannot yet see the outcome. Amen.

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DAY 2

GOD IS STILL WORKING

SCRIPTURE

“He who has begun a good work in you will complete it until the day of Jesus Christ.”

Philippians 1:6 (NKJV)

REFLECTION

One of the most comforting truths in Scripture is that God finishes what He starts.

There may be moments when you look at your life and feel unfinished, uncertain, or even discouraged by how far you still feel from the person you hope to become. Yet God does not measure your life by a single moment or season. Imagine if that were the case—many of our stories would have ended long ago. But are you not grateful that God is the One who writes the final chapter of every life surrendered to Him?

If your life has been anything like mine, it contains chapters you wish had never been written — moments you might gladly remove if you could. Yet God wastes nothing. Even the chapters we would rather forget can become part of the story He is redeeming.

I remember a young person who came into my clinic feeling deeply discouraged about their future. From the outside, their life seemed to be moving in the right direction, yet they had recently left school to reconsider their path and felt like

a failure, returning home. As we talked, we explored the possibility that this moment was not the end of their story, but perhaps an important part of their formation.

In *Becoming by the Hand of God*, I describe life as climbing a ladder.

Sometimes we slip or fall early in the climb. Sometimes an early stumble in the climb becomes God's mercy, preventing a far greater fall later.

God sees the entire journey from beginning to end. What feels incomplete to you may simply be a chapter still being written. The struggles you face today may be shaping the wisdom you will carry tomorrow.

God's work in your life is not fragile. It is steady, intentional, and faithful. Even when your faith feels small or your strength feels limited, His hand continues forming you.

Becoming requires patience—not only with God's timing, but also with ourselves.

Remember this today: **the God who began His work in you has not stopped working.**

JOURNAL REFLECTION

- Where have you seen evidence of God's faithfulness in your life?
 - What areas of growth require patience right now?
-

DAY 3

FORMED THROUGH SURRENDER

SCRIPTURE

"I beseech you therefore, brethren, by the mercies of God, that you present your bodies a living sacrifice, holy, acceptable to God, which is your reasonable service."

Romans 12:1 (NKJV)

REFLECTION

One of the greatest fears people have when considering surrendering fully to God is losing control. Some quietly wonder if surrender means that God will dismiss their personality, their desires, or even the dreams they carry in their hearts.

We often hear stories of people who left comfortable lives, promising careers, or familiar surroundings to follow God into ministry or mission work. While these testimonies can be inspiring, they can also make surrender feel intimidating. It may lead us to wonder if following God requires abandoning everything that once mattered to us.

Yet Scripture reveals something very different about the heart of God. God is not a distant ruler demanding surrender without care for those who follow Him. He is a Father. A loving Father does not erase His children's identity; He forms it. He does not discard their lives; He redeems them.

In my book **Becoming by the Hand of God**, the chapter “Becoming You” explores how God restores and redeems our identity as we walk with Him. Surrender does not cause us to disappear; it allows the truest version of who God created us to be to emerge.

SURRENDER IS NOT THE LOSS OF WHO YOU ARE. IT IS THE DISCOVERY OF WHO YOU WERE CREATED TO BECOME.

When Paul urges believers to present their lives as a living sacrifice, he is describing a posture of trust. Surrender simply means placing our lives in the hands of the One who knows us completely and loves us perfectly.

God sees beyond the moment we are living in now. He understands the path that will shape our lives in ways we cannot yet imagine. Sometimes the things we fear losing are the very things God intends to redeem and use for His purposes.

SURRENDER DOES NOT SILENCE YOUR STORY; IT PLACES YOUR STORY IN THE HANDS OF THE AUTHOR

When we begin to trust God in this way, surrender becomes less frightening and far more freeing.

JOURNAL REFLECTION

- What fears come to mind when you think about surrendering your life more fully to God?
 - What might change if you trusted that God truly desires what is best for you?
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PRAYER

Father, help me trust Your heart for my life.
Teach me to surrender without fear, knowing that
You are forming my life with wisdom and love.
Amen.

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ABOUT THE AUTHOR

Gloria Ngwendson is a Christian leader, teacher, and mentor with a deep passion for spiritual formation, discipleship, and Christ-centered maturity. Her life's work centers on helping believers grow beyond conversion into lives marked by purpose, character, and wisdom.

Originally trained in Journalism and Mass Communication, Gloria has long used writing and teaching as tools for shaping lives and building communities of faith. Over the past decades, she has served in pastoral ministry alongside her husband, Dr. Julius Ngwendson, while also caring for her community as a primary care provider.

She is the biological mother of three sons and a spiritual mother to many. Through mentoring, teaching, and writing, Gloria has walked with believers across generations, sharing wisdom shaped by Scripture, suffering, obedience, and grace. Her message is simple: salvation begins the journey, but formation shapes the life God intends for His people.

BEFORE GOD POSITIONS YOU, HE FORMS YOU.

Your journey of becoming is not instant.

It unfolds through daily surrender.

JOURNEY TO BECOMING FREE

is a 21-day devotional journal designed to guide you through reflection, prayer, and spiritual renewal as you recognize the quiet work God is doing in your life.

- * Through Scripture, reflection, and guided journaling, this devotional invites you to:
- * Deepen your relationship with God
- * Reflect honestly on your spiritual journey
- * Release fear, control, and past burdens
- * Rediscover identity and purpose in Christ
- * Cultivate courage, wisdom, and faith

Through twenty-one days of Scripture, prayer, and reflection, this companion devotional helps you recognize how God shapes your life from process to purpose.

CONTINUE THE JOURNEY.

Discover the transforming work of God in your life.

www.GloriaNgwendson.com